

Camp Tick Policy

Site Information

The site of our Camp Otonabee outdoor day and overnight camp in Dunrobin lies within a region that has been marked as a high-risk area for ticks this summer. Like many parts of Ottawa, some ticks found in this area have tested positive for Lyme Disease. With this in mind, we would like to share some information we think might be helpful for you and your family before engaging in outdoor activities – not just at camp, but throughout the city of Ottawa.

What we are doing at camp

Maintenance: In an effort to inhibit the tick population at camp, we frequently cut grass in commonly used program areas to reduce the long grass that ticks thrive in. We also focus on keeping campers and staff on trails as often as possible.

Program: We strongly encourage the use of bug spray throughout the day, and concentrate on areas like feet and ankles. We recommend bug spray that contains DEET or icaridin, as they are most effective in deterring ticks. Additionally, we ask you are proactive at home. Make tick checks a part of your routine after any time spent outside.

In the event a tick is found on a camper during their time at camp, we will proceed with the following:

- Remove tick with tweezers or tick removal key
- Place tick in a Ziploc bag so it can be tested (if this action would like to be taken)
- Contact parents/guardians to let them know, and advise them to discuss further with their physician

Ottawa Public Health Recommendations

Our friends at Ottawa Public Health have some great online resources available. Take a look at what they have to say, [click here](#).

Thank you for your continued support of our Camp Otonabee and outdoor programming! We are so excited to celebrate the natural world while learning about how to keep ourselves safe. Please reach out to the camp office if you have any additional questions or concerns.

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